

PERFECT START

STEP INTO 2008 BY OFFERING THERAPIES TO PURGE YOUR CLIENTS' BODIES AND PERFECT THEIR SKIN

GATINEAU

Gatineau has developed a treatment that combines microdermabrasion technology with chemical peeling. This new Skin Renewal Plus revitalises the complexions of over 30s, but reduces blemishes and pigmentation marks, refines texture, smooths wrinkles, relaxes tension lines and leaves skin radiant and relaxed. It is easy to adapt to suit all skin types, even the most sensitive – it works on the hands, too.

The hour-long treatment comprises 35 minutes of gentle chemical peeling, using a Peeling Gel-Mask, which is applied first to the hands while the complexion is properly cleansed, then to the face (including the lips), throat and décolleté, too. The mask contains Gatineau's

desmopeel complex, which penetrates to intercellular spaces to trigger in-depth cell shedding, stimulate fresh cell renewal and add luminosity. Meanwhile, the client's hands are massaged with the Vitamina Suractivee hand cream.

Step two is 15 minutes of manual microdermabrasion using the Micro-Exfoliating Cream Base with the appropriate concentration level of micro-exfoliating bamboo particles for the skin type. Step three is ten minutes of massaging with the new Comfort Massage Balm, before finishing with a layer of Protection Day Cream SPF15.

An hour-long treatment costs from £50.

Gatineau's innovative treatment for face and hands combines both microdermabrasion and peeling



Laser Lipo offers safe, fast results from the first session



LASER LIPO

Laser Lipo is a new non-surgical slimming and body contouring treatment that reduces levels of fat using the Lapex Body Contouring System (BCS). It is pain-free and non-invasive.

Local or general anaesthetics are unnecessary, and research has shown that Laser Lipo carried out both prior to and post-traditional liposuction will improve the results by softening the fat cells and helping to even out the treated area. The Lapex BCS can tighten skin, resulting in skin rejuvenation and it is also effective at tackling cellulite. A procedure takes 40 minutes and results can be seen after one session.

The laser-based system has emerged out of a sports injury treatment, in which, for a decade,

physiotherapists have been using Cold Red laser to assist the body's healing process and reduce inflammation. The five-step process can shave inches of unwanted fat off offending areas, with results expected to reduce by between 0.5 and 3 inches, depending on the client.

Two large diode laser paddles are placed on the fatty areas. Two smaller probe lasers are placed over lymphatic glands and held in place by underwear. The Laser Lipo BCS is then switched on for ten minutes, relocated and turned on for another ten minutes and repeated. Finally, a ten-minute session on a vibration plate machine helps to break down the fat cells.

An eight-treatment course costs £1,000.